

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)
March 14, 2018
YULEE FULL SERVICE SCHOOL
YULEE, FLORIDA

(Some member reports may relate to more than one area of the eight categories of Coordinated School Health.)

MINUTES

The School Health Advisory Council met on March 14, 2018 at the *Nassau County Children and Family Education Center* in Yulee, Florida. Those in attendance were:

Andreu Powell	NCSB/Office of I & P
Dr. Eugenia Ngo-Seidel	Florida Department of Health Nassau County
Kathy Crosby, RN	Health Science Instructor, YHS
Kim Clemons	Employee Wellness Project Manager, NCSB
Lisa Rozier	Family Support Services
Carey Smith	Wolfson Children's Hospital, Asthma Educator
Karrin Clark	NACDAC
Lauren Jones	NCSB/Food & Nutrition Services
Linda Akers	NCSB/Facilities Dept.
Nikki Sofge	Florida Department of Health Nassau County
Annette Hodges	NCSB/ Health Sciences Instructor
Jacqui Galbreath	Community Member
Teresa Rowe	Florida Department of Health Nassau County
Jenna Hulse	Delores Barr Weaver Policy Center
Michelle Laskey	Open Door- Delores Barr Weaver Policy Center

The meeting opened with a welcome by Andreu Powell Interim Council Chair, along with a reminder that a meeting chair is needed, and introductions were made.

Minutes from Jan. 10, 2018 were approved. (After the meeting, Lauren Jones made me aware that she had been left off the attendee list and she has been added.)

Comprehensive School Health

Carey Smith described the comprehensive asthma care program available to our students (grades 2-5) through The Players Center. Carey also serves as the liaison to schools for the Asthma Friendly School District Award. She also reported on the high numbers of Nassau County kids being seen at Wolfson Children's Hospital's Dunn Avenue location. Dr. Seidel was interested to hear Carey's perspective on barriers to pediatric medical homes and viewpoints on this topic were shared.

NACDAC wants to have some Town Hall meetings in schools on vaping, one in Hilliard and one in Yulee, hopefully in April.

Physical Education

Hilliard Parks & Rec will host a Youth Mental Health First Aid Training on 3/24. Hilliard community member Jacqui Galbreath also brought registration information for youth program activities.

School Health Services

Dr. Seidel shared information on an upcoming Resilience workshop at WES. Mr. Powell also asked about SWISH, which now has been replaced with the sealant program.

Teresa Rowe reported that all student health screenings are done for this school year. We exceeded state percentage goals. Funding has been received to buy some new equipment for vision screening. And free school physicals are being offered through the health department clinics.

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Mrs. Rowe also announced that March 31 is National Stop the Bleed Day. WES will be having its Stop the Bleed training. Refresher trainings can be done in the schools on Stop the Bleed or Hands Only CPR.

School clinics saw over 2000 visits in one recent week. A decline is finally being seen in influenza after the busiest flu season on record.

Mr. Powell asked about vision referral follow ups and was told that follow up rates are strong.

School Nutrition Services

The blueberry is the next Harvest of the Month featured item. Dr. Lauren Jones also reported that she is preparing for Summer Feeding activities.

School Counseling, Psychological and Social Services

FSS invited members to the Breakfast Learning Series. And community announcements will soon be shown on a television screen at the FSS location.

Delores Barr Weaver's Open Door Program serves sex trafficking victims. Speakers and trainings are available. They partner with the Women's Center of Jacksonville, as appropriate. They are a state agency targeting males and females ages 10-24 and are a member of the Northeast Florida Human Trafficking Coalition. They also work with girls in juvenile justice system doing therapy and working with the diversion program through the courts. They help girls re-acclimate after returning home from justice programs.

Healthy School Environment

Linda Akers was in attendance from the Facilities Dept and brought a report on activities to support a healthy school environment.

Family and Community Involvement in Schools

Dr. Seidel reported on recently released County Health rankings. She said to stay tuned for what the CHIP (Community Health Improvement Plan) is doing, including a survey to be widely distributed.

Members were invited to have tables at CES Bring a Parent to PE Day & UF Nassau County Extension's new brochures were shared with the group.

School-site Health Promotion for Staff

Kim reported on the Florida Prevention Research Center's project that targets employee wellness programs. Colon cancer pocket slide cards and reminder screening magnets were offered to the group. Our school district employees have been asked to participate in a survey regarding their thoughts about and practices for getting screened. Updates were also given on bus driver activities, on-site exercise classes and employee biometric health screenings. Input was solicited from component area experts for the Healthy District Self-Assessment.

After comments from the chair including news to come about the SDFS Subcommittee and a reminder of the next District SHAC meeting date, we were adjourned.

Minutes respectfully submitted by Kim Clemons